

TRACEY EMIN  
I LOVED YOU UNTIL  
THE MORNING

## YALE UNIVERSITY RESOURCES

### Mental Health and Well-Being

FOR ALL YALE STUDENTS

#### Yale Mental Health and Counseling

Provides a range of confidential mental health treatment services to Yale students (undergraduate, graduate, and professional).

[yalehealth.yale.edu/departments/mental-health-counseling](http://yalehealth.yale.edu/departments/mental-health-counseling)  
203.432.0290 (on-call clinician available 24/7 for urgent situations)

FOR YALE COLLEGE UNDERGRADUATES

#### Yale College Community Care (YC<sup>3</sup>)

Provides short-term mental health and wellness services to Yale undergraduates.

[yalecollege.yale.edu/getting-help/yale-college-community-care-yc3](http://yalecollege.yale.edu/getting-help/yale-college-community-care-yc3)

### Sexual Misconduct

FOR YALE STUDENTS, FACULTY, AND STAFF

#### Sexual Harassment and Assault Response and Education Center (SHARE)

Provides information, advocacy, and support to anyone in the Yale community dealing with sexual misconduct.

[sharecenter.yale.edu](http://sharecenter.yale.edu)  
203.432.2000 (24/7 on-call service)

## LOCAL AND NATIONAL RESOURCES

### Abortion

#### Connect and Breathe: An After-Abortion Nonjudgmental Talkline

Creates a safe space to talk about abortion experiences by offering a talkline staffed by people trained to listen and provide unbiased support and encouragement of self-care.

[connectandbreathe.org](http://connectandbreathe.org)  
1.866.647.1764

#### Planned Parenthood

Provides sex education and affordable healthcare, including contraception and abortion care.

345 Whitney Avenue, New Haven, CT, 06511  
[plannedparenthood.org/planned-parenthood-southern-new-england](http://plannedparenthood.org/planned-parenthood-southern-new-england)  
203.503.0450

### Sexual Assault

GREATER NEW HAVEN

#### Women and Families Center

Provides crisis counseling, support groups, advocacy services, and more to survivors of sexual assault (whether recent or farther in the past).

[womenfamilies.org](http://womenfamilies.org)  
203.235.4444 (24/7 hotline)

STATEWIDE

#### Connecticut Alliance to End Sexual Violence

Provides a free and confidential 24/7 hotline and online chat option, as well as other services through a statewide alliance of member centers.

[endsexualviolencect.org](http://endsexualviolencect.org)  
English: 1.888.999.5545 (24/7 hotline)  
Español: 1.888.568.8332 (24/7 hotline)